

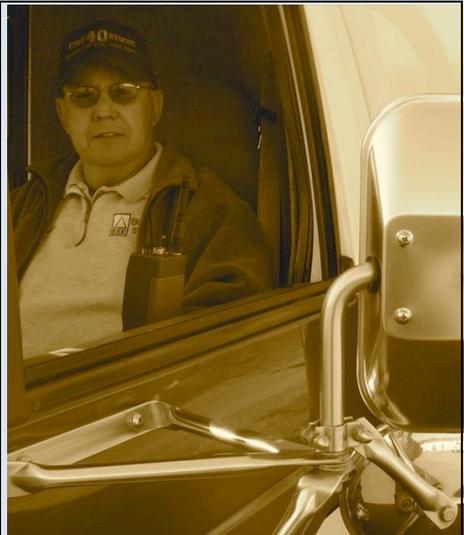
“

quit moving around or we'll have to kill you

”

Nurse Cratchett

i hate people when they're not polite

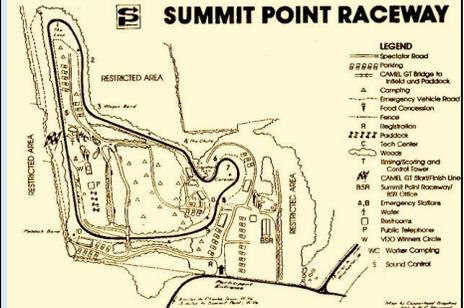


“

some of us are decent people who want to stay out of the emergency room, but still blast through neo-gridlock traffic... for that we need fine machinery ...

when the ducati turned up in my driveway, nobody knew what to do with it.. my lawyer said i should give myself up and enroll in the federal witness protection program ...

she's so fine there's no telling where the money went

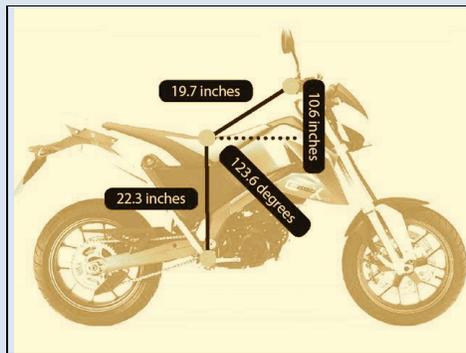


the motorcycle business was the last straw. it had to be the work of my enemies, or people who wanted to hurt me. it was the vilest kind of bait, and they knew i would go for it.



“

dr hunter s thompson



I am underneath my upside-down erector-set hospital bed

they grabbed him by the stack & swivel

## ARM, SHOULDER AND



“  
my brother jay had been in an accident while racing on a motorcycle track, somewhere in west virginia. he was unconscious and in critical condition in a local hospital, and they were planning on transporting him to the level one “shock trauma” hospital in baltimore the next morning.

we drove through the night from new york city, and finally got to the hospital around 5 am. this is when we learned the extent of his injuries. the good news was there was no head or spinal injury, and there was no skin injury because jay was wearing his racing leathers. the bad news, though, was he had two broken shoulders (one shattered), a punctured lung, and “probably most” of his ribs were broken.

get off my range, soldier

and his condition was

**Physiotherapy Associates**

John Battinelli, PT, MTC, Clinic Director  
 Timothy J. Chaffman, MPT  
 Kristy M. Green, MPT  
 Staci L. Levine, DPT  
 Sabrina Adams, DFT

**Progress Report**

To: Dr. O'Toole  
 Patient: Justin Gurn  
 Diagnosis: Broken shoulder; Ⓧ ray clavicle fracture

The above patient has been seen 2 times for treatment  
 since their initial evaluation on 9/29/09  
 since our last communication with you on \_\_\_\_\_

**Observations:**  
 - Ⓧ PE 155° Ⓧ Full ROM - pt able to do half spine mech work, standing/walk  
Ab: 145° tolerate 2 min to gym; mild difficulty w/ stretches  
EL: 60° and weights  
HL: 70°  
 - ROM: 70° chest; 70° shoulder - A progress to no-opiated pain PC, will continue  
with 1-2 capsules per day to keep from ⓍⓍⓍ nerves injured, will begin therapy  
discomfort resolved in 1-2 hrs per MD recommendation for ⓍⓍⓍ  
 - Progressing very well, will continue to work, rehab, PT, per MD recommendation  
 In summary, this patient is Ⓧ progressing well with current treatment plan.  
 making moderate progress with current treatment plan.  
 progressing slowly with current treatment plan.

**Recommendations:**  
 Continue P.T. with current treatment plan for 2-3week x 2week  
 Change treatment plan to include \_\_\_\_\_  
 Discharge P.T. with independent home program.  
 Hold P.T. pending the results of your evaluation.

PLEASE GIVE PATIENT A P.T. PRESCRIPTION IF FURTHER P.T. DESIRED

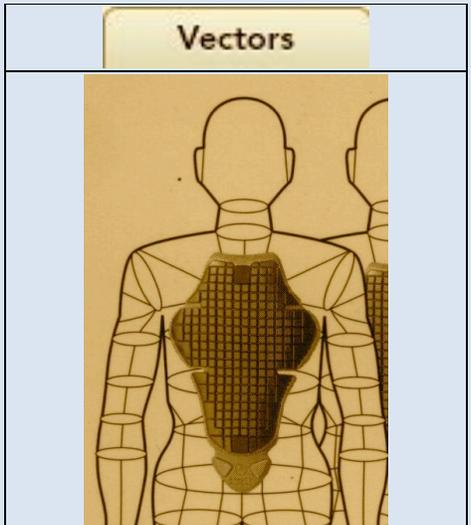
Thank you for allowing us to participate in this patient's care. If we can answer any questions regarding their progress, please do not hesitate to contact us at your earliest convenience.

Therapist's Signature [Signature] Date: 10/16/09  
 8885 Centre Park Drive  
 Columbia, Maryland 21045  
 Phone (410) 730-1275, Fax (410) 740-2497

deteriorating under the multiple trauma, so he "crashed" during the night. he stopped breathing and doctors couldn't get his oxygen levels back up. they gave him an emergency chest tube and put him on a ventilator, which saved his life - and stabilized him enough to be driven to shock trauma. the family followed the ambulance in a small convoy of vehicles, in a surreal sunday morning drive through the beautiful virginia countryside.

jay ended up being in shock trauma for two weeks. he crashed one more time when his other lung collapsed, and it didn't look so good for a while there.

"  
 jonathan mark davis, msci



"  
 they had to perform heroics twice . . . you were on a ventilator, no ventilator, no life . . . you made that promise to your mother . . . she was smart to extract it while you were sedated  
 "  
 goodtime guiseppe o'bruno

let me lie still  
 . . .  
 arching like a strychnine bow



Referral Form

Patient's Name Giron, Justin

Diagnosis (R) Scapula + C

Precautions/Restrictions

EVALUATE AND TREAT

Exercise/Testing

Active ROM  
 Active/Assisted ROM BIL UE  
 Passive ROM

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Timothy J. Chaffman, MPT  
Kristy M. Green, MPT  
Suzi L. Levine, DPT  
Sabrina Ahema, DPT

**Progress Report**

To: Dr. O'Toole

Patient: Justin Giron

Diagnosis: Acute Swallow; (R) scap/Clavicle fracture

The above patient has been seen 2 times for treatment since their initial evaluation on 9/29/09  
( ) since our last communication with you on \_\_\_\_\_

**Observations:**

- RF 150°  Full ROM - ft able to do half spine much easier, spinning/turning tolerable  $\approx$  min to 5 min: mild stiffness, 2° weakness and vertigo
- Head: 140°
- EE: 60°
- IB: 70°
- Can. 70% assist; 70% assist - A response to an extended per. AC will continue to occur (Dose makes by hand, unorgan. Attraction) for MD recommendation for (D) stability.
- AD: 100% independent in 12 days - progressing well with current treatment plan.
- Progressing well with current treatment plan.

In summary, this patient is  
( ) progressing well with current treatment plan.  
( ) making moderate progress with current treatment plan.  
( ) progressing slowly with current treatment plan.

**Recommendations:**

Continue P.T. with current treatment plan for 2-3 week x 2 week  
( ) Change treatment plan to include \_\_\_\_\_  
( ) Discharge P.T. with independent home program.  
( ) Hold P.T. pending the results of your evaluation.

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Thank you for allowing us to participate in this patient's care. If we can answer any questions regarding their progress, please do not hesitate to contact us at your earliest convenience.

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Columbia, Maryland 21045  
Phone (410) 730-1275, Fax (410) 740-2497

took a tree trunk to the head

guy to the right, gutshot . . .

guy to the left, shot gutshot guy . . .

2 doors down ... cut in half by 2 trash trucks

shock-trauma baltimore city

not just a flesh wound

...

she spit me out like a bad plug o tobacco

ft able to do half tolerable  $\approx$  min and vertigo

"

can we cut your leathers off?

"

emt, summit point raceway, west virginia

badly drawn

...

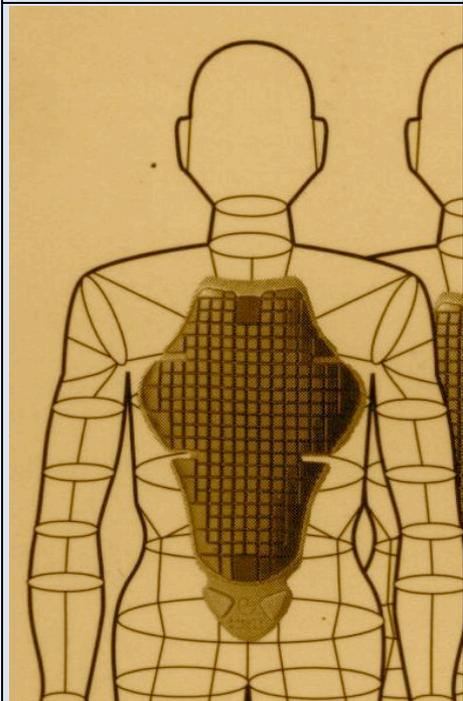
quartered like a november deer

Observations:

- (L) FF 155° (R)  
Aof: 140°  
ERL: 60°  
IRL: 71°

- pain: 3/10 @ rest  
Takes 1-2 crycon  
Assessment: crycon

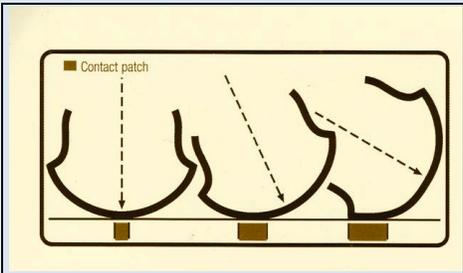
**Momentum**



"  
if it was just you driving like a mad man and pushing the limit and taking the chance (again) of biting the big one; well hell, that's life as usually... but some of those people in your life, despite the strong outer appearance, would be screwed up with another go around like this.

"  
guiseppe labruno, ma, mba,  
professor of military science

no flashing-life  
...  
no tunnel of light  
...  
no out of body  
...  
no choir of angels



you ever see lonesome dove?

robert duvall and tommy lee jones as former texas rangers, tried to settle down in lonesome dove, couldn't do it, took off for montana with their cattle, some others' cattle and their 2 pigs.

well, down in the man-cave, it was them, me,

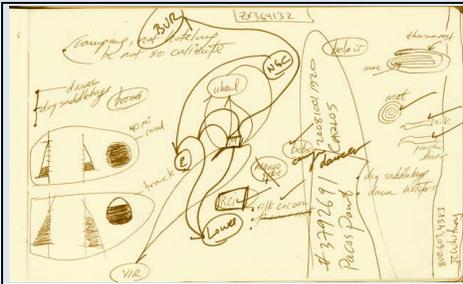
egress



mssrs oxy & contin, bag  
o' peas, ms brasil's  
ring on a chain, the  
family dog and my upper  
body.

mssrs duvall and jones  
did their own stunts.  
he broke the hell-bitch.  
they crashed real horses  
into the real nueces  
river. they dodged the  
water moccasins.

we signed up for summit  
school of the  
shenandoah. we did our  
own stunts.



- the radii for turn 1:  
110', 170', 550'

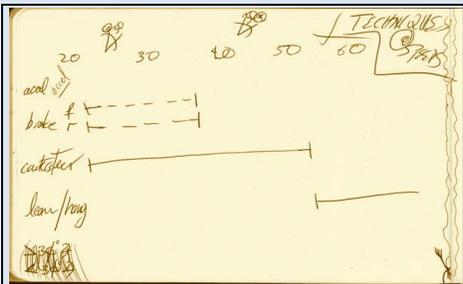
- the radius of turn 2:  
460'

- the radius of the  
unnumbered kink  
between turns 2 and  
3:  
1780'

- the radius of turn:  
235'

- the radius of the  
first unnumbered  
kink after turn 3:  
660'

he's a rather  
self-absorbed lad



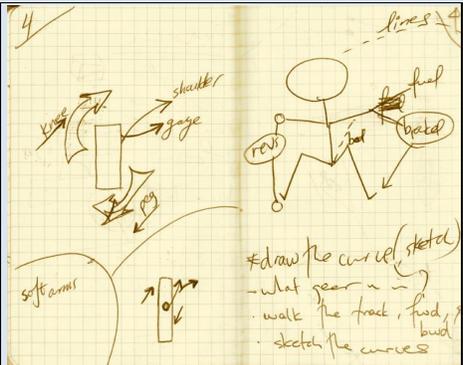
why did we leave  
lonesome dove?

enlivenment



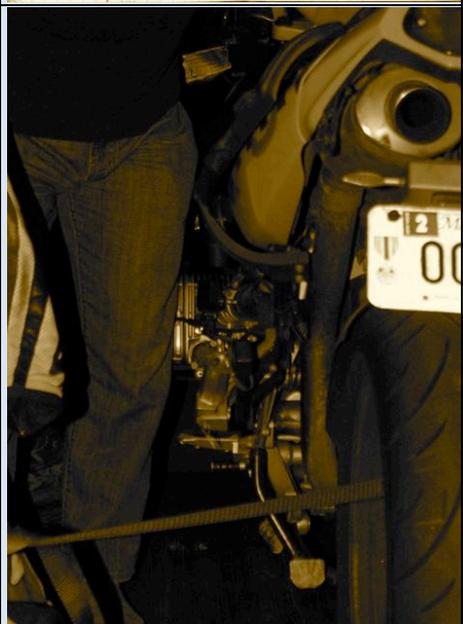
what do you want legs for anyway? you don't like to do nothing but sit on the porch and drink whiskey!

soldiers will follow this officer out of sheer curiosity



- 1:30
- 1:24
- 1:17
- 1:16

left shoulder hysterical and useless



transponder





understand why we do  
this?"

"yes."

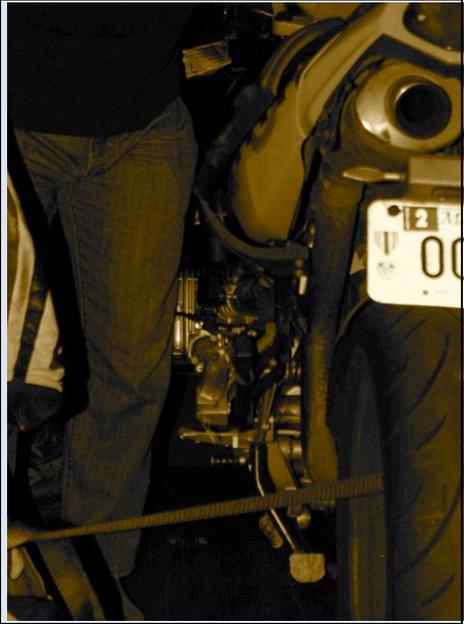
ma, me



i didn't see no line  
gus. i was just trying  
to get through the  
territory without  
getting scalped, that's  
all.

jake spoon

confidently  
piloting a  
motorcycle around  
the track



went to see her  
yesterday. she was tied  
to her hitching post,  
cud-chewing all non-  
chalant and all; looked  
sideways at me

made a good bike  
do a bad thing



"  
all the muscles,  
tendons, ligaments  
attach to that part o  
the humerus  
"  
sabrina

thank you for not  
being  
all chicken-soup-  
for-the-xxx-soul



"  
... looks like a pile o  
pick-em-up sticks  
"

i tried to stand,  
fell over on my  
side



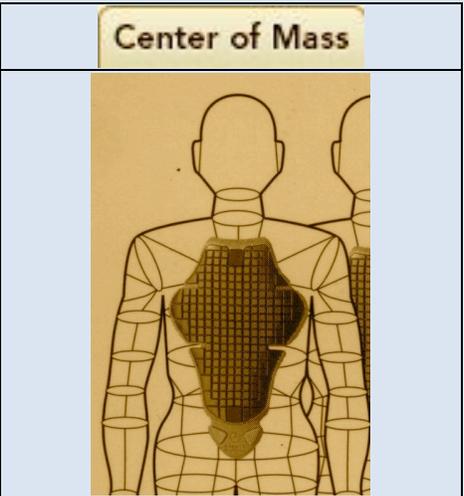
"  
 your insurance doesn't  
 kick in until day 61  
 "  
 state farm real-  
 live-human

i have seen the  
 moment of my  
 greatness flicker



no skin grafts  
 . . .  
 all fingers, toes and  
 teeth

my life as a pop-  
 tart  
 . . .  
 this little piggy



yer right about ma.  
 still hasn't made up her  
 mind

adhesions  
 . . .  
 and  
 a farewell to  
 arms  
 ?

days 12 → 40:

every 3 hour mark, the pain sweats, turn on the fans, the soaked t-shirts, the waiting for the 3 ½ hour mark and its next promised oxycodone ...

the stabbing effort of rolling out of bed w ribs in best knot possible ...

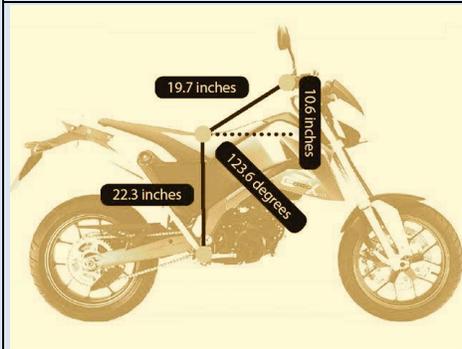
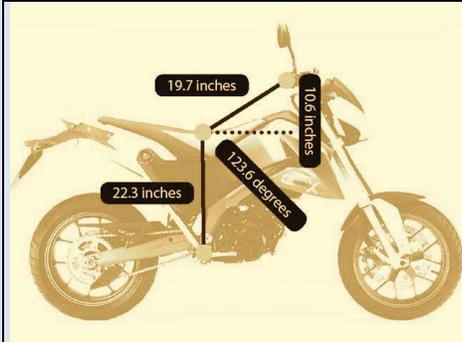
of trying to wipe my ass w the pre-arranged shite paper ... for the l shoulder hysterical and useless<sup>1</sup> ...

the r shoulder just a capsule of broken-glass pain, fingers doing the walking down my r buttock, the arm unsure of its place in time and space ... trying to shit out the rabbit turds that the oxy\* give you, so abso no satisfying, but

the medicines' mustard-metal stink of dirty diaper constantly up my nose and

the perilous pulling-up of pajamas while rising from the one-holer

the constant tickle of snot down the back of my throat



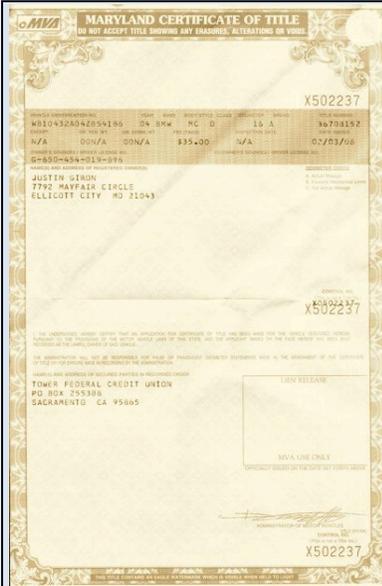
this is not cancer survival





is every ride a suicide?

lives of quiet  
desperation



"

... when i walk into a public restroom and hear crippled men whispering about the terrifying kawasaki triple... i have visions of compound femur-fractures and large black men in white hospital suits holding me down on a gurney while a nurse called "bess" sews the flaps of my scalp together with a stitching drill ...

being shot out of a cannon ...

we take a manageable endeavor to its falling-off cliff-edge

not everybody who buys a high-dollar torque-brute yearns to go out in a ball of fire on a public street in l.a. ...

unless you're ready to go straight down the centerline with your nuts on fire and a silent scream in your throat ...

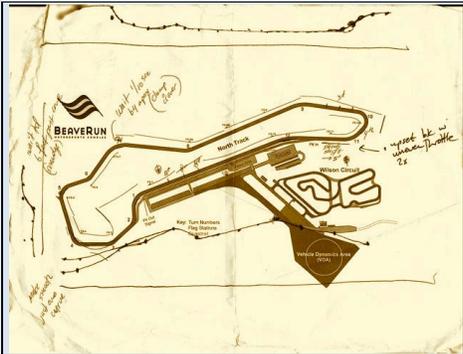
when we ride very fast motorcycles, we ride with immaculate sanity



"



dr hst, ssc



"  
she's philosophical ...  
but she doesn't watch  
anymore

charlie don't  
surf



"  
mike, of robin at spr



thanksgiving day  
1<sup>st</sup> visit by my daughter  
where i could drive my  
own car  
before that every day in  
the bitch seat

now let us say a prayer

State Farm Mutual Automobile Insurance Company

**Attending Physician's Supplementary Statement - Accident or Sickness**  
(The patient is responsible for the completion of this form by his/her physician without expense to State Farm®)

Patient's Name \_\_\_\_\_  
 Nature of accident or injury \_\_\_\_\_  
 Describe any other complications affecting present condition \_\_\_\_\_  
 Give dates of treatments (include last report) \_\_\_\_\_  
 (Other dates) \_\_\_\_\_  
 Hospital dates \_\_\_\_\_  
 Is patient still under care for this condition? If yes, please provide date of next appointment. If no, please provide date of discharge.  
 Yes  No  
 List any diagnostic tests performed since the last report \_\_\_\_\_  
 Briefly provide a description of the patient's treatment \_\_\_\_\_  
 If you answer to the patient asks to return to his/her occupation? If yes, on what date? If no, when do you anticipate return to his/her occupation?  
 Yes  No  
 Is the patient presently able to function in light or modified duty work?  
 Yes  No  
 What are the patient's restrictions and limitations that prevent him/her to work at his/her regular occupation?  
 Is the patient consulting any other physician?  
 (Doctor's Name) \_\_\_\_\_ (Doctor's Address) \_\_\_\_\_  
 (Doctor's Name) \_\_\_\_\_ (Doctor's Address) \_\_\_\_\_  
 Remarks \_\_\_\_\_  
 Physician's Signature \_\_\_\_\_ Physician's Specialty \_\_\_\_\_ Date \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP Code \_\_\_\_\_ Phone Number \_\_\_\_\_  
 100000 Page 2 of 2 Expires 03-31-2000 100000 06-15-2000

why do we leave lonesome dove?

back to the scene of the crime

**DISABILITIES OF THE ARM, SHOULDER AND HAND**

NOT AT ALL SLIGHTLY MODERATELY QUITE EXTREMELY  
A BIT

22. During the past week, to what extent has your arm, shoulder or hand problem interfered with your normal social activities with family, friends, neighbours or groups? (circle number)

1	2	3	4	5
---	---	---	---	---

NOT LIMITED AT ALL SLIGHTLY LIMITED MODERATELY LIMITED SEVERELY LIMITED UNABLE

23. During the past week, were you limited in your work or other regular daily activities as a result of your arm, shoulder or hand problem? (circle number)

1	2	3	4	5
---	---	---	---	---

Please rate the severity of the following symptoms in the last week. (circle number)

	NONE	MILD	MODERATE	SEVERE	EXTREME
24. Arm, shoulder or hand pain	1	2	3	4	5
25. Arm, shoulder or hand pain when you performed any specific activity	1	2	3	4	5
26. Tingling (pins and needles) in your arm, shoulder or hand	1	2	3	4	5
27. Weakness in your arm, shoulder or hand	1	2	3	4	5
28. Stiffness in your arm, shoulder or hand	1	2	3	4	5

29. During the past week, how much difficulty have you had because of the pain in your arm, shoulder or hand? (circle number)

	NO DIFFICULTY	MILD DIFFICULTY	MODERATE DIFFICULTY	SEVERE DIFFICULTY	SO MUCH DIFFICULTY CAN'T SLEEP
1	2	3	4	5	

30. I feel less capable, less confident or less useful because of my arm, shoulder or hand problem. (circle number)

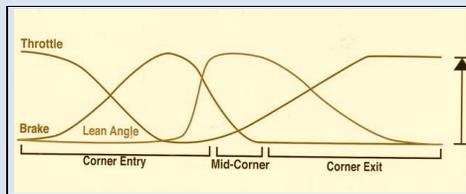
	STRONGLY DISAGREE	DISAGREE	NEITHER AGREE NOR DISAGREE	AGREE	STRONGLY AGREE
1	2	3	4	5	

DASH DISABILITY SYMPTOM SCORE = \_\_\_\_\_ ((Sum of n responses / n) - 1) x 25, where n is the number of completed responses.)  
 A DASH score may not be calculated if there are greater than 3 missing items.

this behavior not sanctioned by national need

airborne ranger

**ARM, SHOULDER AND**



parents to bury a child

13 years like walt whitman



max preload  
pressure to 30#  
front/rear

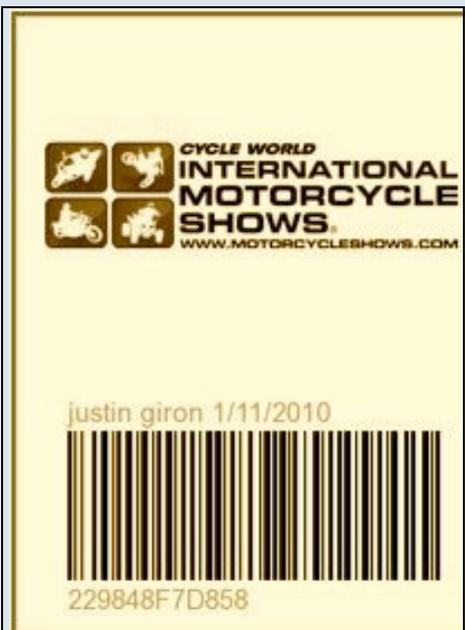
bessie got one o  
her eyes put  
out when she let  
her backbone slip



this must never happen  
again, i can't do this  
another time

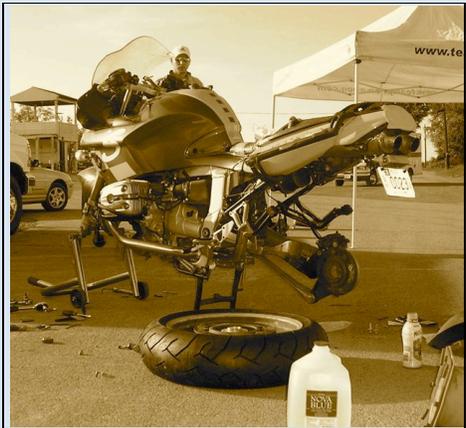
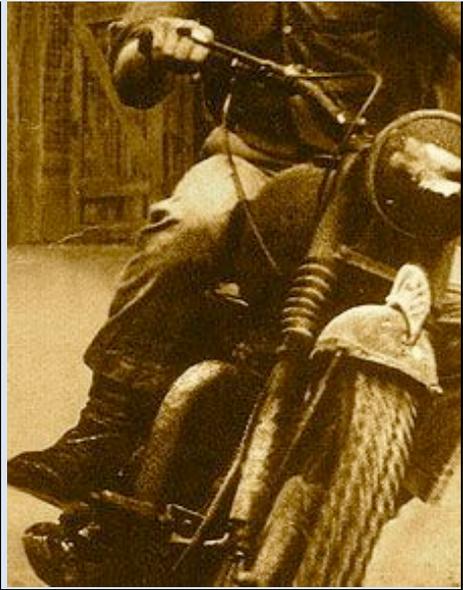
ma

pass with  
authority



"the deadbeat club"  
f schneider

next time you're  
on your own



Vectors

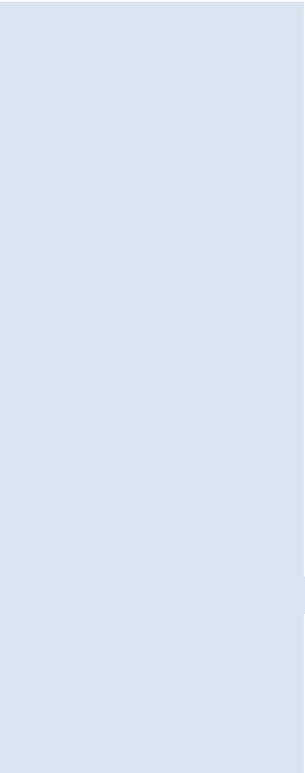
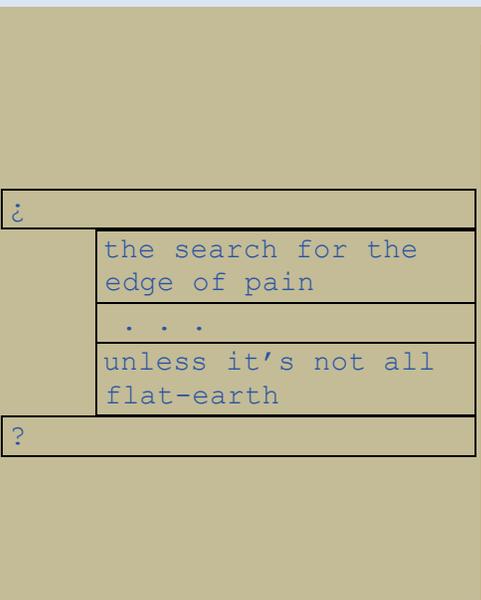
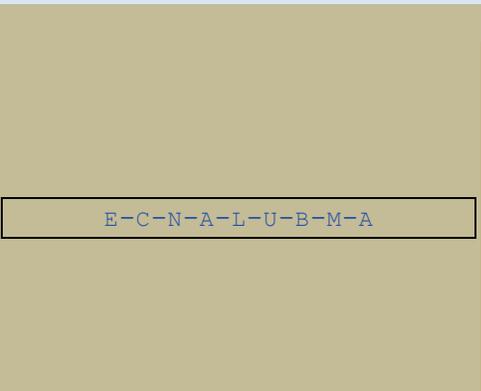
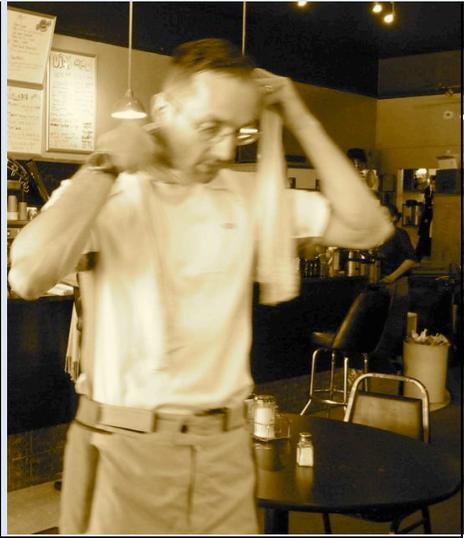
"nothing lasts"  
m sweet

profound  
concussion

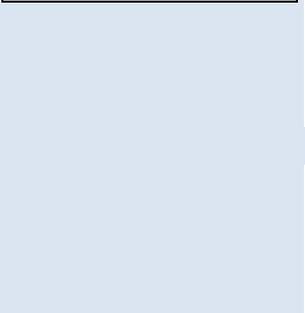
"  
it wasn't the same w ray  
... it wasn't a first  
child

do versus be?

"  
daughter's mother



i failed to dodge  
the water  
moccasin



i lost my dog in  
an 18 mos fever o  
bad dreams and  
rshp meltdowns,  
sawdust, drywall  
and job  
disasters,  
churning under my  
resume w a rented  
tiller



sunning one's lizard  
self on the deck ... burn  
in the sutures

mad max helmet no  
longer sea-worthy

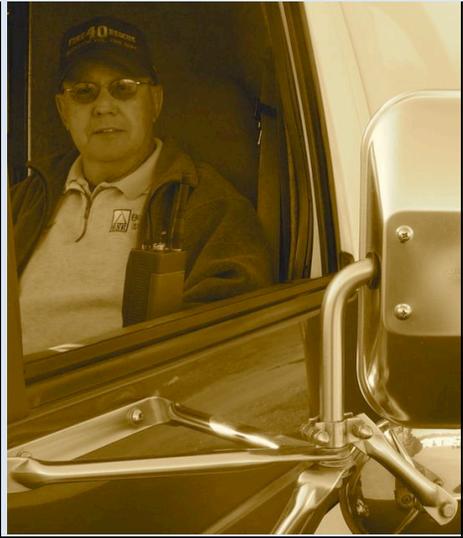
- walking without  
  steading
- non-rabbit turds
- ex the oxy\*
- reaching overhead
- opening the  
  dishwasher
- wiping my ass
- shave
- reach for seatbelt,  
  close the car door
- sit in a restaurant
- put on a t-shirt

anti-depressants,  
  valium

and gobs of  
  torque

. . .

i have seen the  
  eternal footman  
  hold my coat

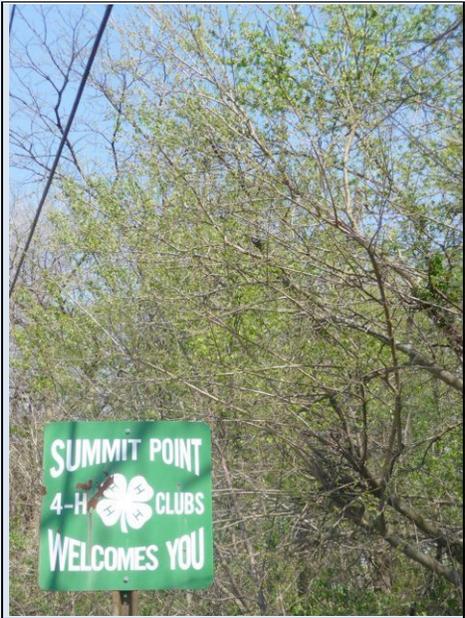


brother  
1  
bet the family farm

which  
one's  
the  
good  
son  
?

3y ex post facto . . . .  
penniless w 3  
concussions under my  
belt and 11 arthritis  
seeds fingered into the  
soil

good times



smokey twitch-hovers  
outside the waiting room

...

big momma got called  
into the chapel ...

... won't she ever stop?

fuck,

i don't have any  
of my oxycontin



me and the turds on the  
urine-soaked deck

lacking advance  
directives





brother 2 dove in for  
red bull & vodka at the  
halloween parade

choose yer poison

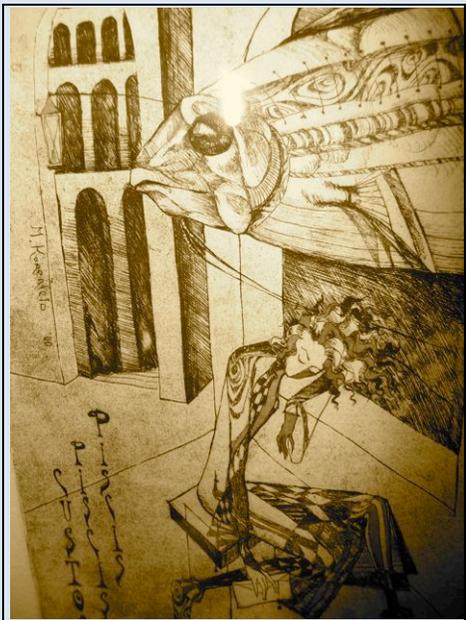
## Vectors

¿

what it would take to  
git back on the track

9% rain-soaked  
grade

?



¿

and why not killed

keeloids stiff  
every morning

?

## Gravitation

big deal of the day,  
washed my hair

daring young man  
on the flying  
trapeze

## Energy

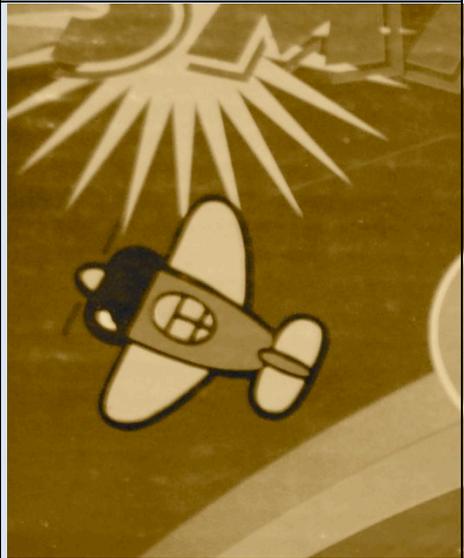
that summer 2006 i rode  
bessie lane-splittingly  
down 295

i think i need to  
lie down

## Center of Mass

grocery shopped for the  
first time in 6 months

upper skeleton  
like pick-up  
sticks



back on the horse, an r6  
at a buck-thirty

didn't vomit

damaged child w/o  
advanced directives

never did take my  
dog to walter  
reed



the salvage company came by to pick up big boned bessie : (

they paid the storage fee but.....there are still 2 outstanding estimates, 1 complete and the other road worthy.

the road worthy one is your responsibility and the other should be covered by insurance.

give your adjuster a call so that we can finalize this.

darryl

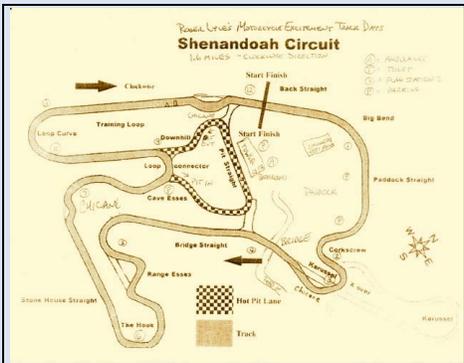
this aint no disco, this aint no party



ah yes, the joy of being a rider when surrounded by those that are convinced you are out of your mind. recent injury only reinforces their perspective. i feel your pain :)

david

no temper tantrums, no lovey-dovey



headshrinker ... counter-conditioning or other corrective shoes

i do not fear death i will however, do all possible to avoid death prematurely. fear is the enemy, not death, fear on the road leads to death, therefore i will not let fear be my master, i will master it.

**ARM, SHOULDER AND**

a ventilator tube doesn't follow the path of least resistance to git where it's goin'

no more glee club



don't run the over-sized  
tires, 180s on those 5"  
rims

like a bird  
without a beak



swings a leg over a  
motorcycle to compete in  
anger is dancing with  
fate

fred

I saw a rain-  
dirty valley

. . .

you saw brigadoon



clara allen: sometimes  
it seems like grave  
digging is all we do  
around here, don't it  
cholo? what do you think  
happens when we die?

cholo: not much. you are  
just dead.

clara allen: maybe it's  
not as big a change as  
we think. maybe you just  
go back to where you  
lived or near your  
family, or wherever you  
were the happiest. only  
you're just a spirit  
now... and you don't  
have the troubles the  
living have.

stay on the gas  
until you see god

